

Introduction to Wound Dressing Changes Check-Off

Practice changing a wound dressing on the model using the following steps:

1.	Complete a wound assessment following appropriate steps.
2.	Follow the appropriate preparation steps.
3.	Remove the tape slowly by pulling it toward the wound.
4.	Don clean gloves.
5.	Remove the soiled dressings and dispose of them in a bag.
6.	Obtain a wound specimen for cultures if ordered.
7.	Remove clean gloves and discard into a plastic bag.
8.	Bring the overbed table close to the working area.
9.	Open sterile saline solution or commercially prepared cleansing spray and pour over the wound. Place the emesis basin next to the skin surface to catch the overflow.
10.	Don sterile gloves.
11.	Form a ball with gauze pads by tucking all four corners together. Use the center of gauze pads to cleanse the wound.
12.	Cleanse the wound. Always start at the cleanest area and work away from it. Never return to a previously cleaned area. Usually, start at the top of the wound and work toward bottom.
13.	Assess the wound, measure, identify the type and determine whether signs of infection are present.